

EDUCATION

University of Georgia, Morehead Honors College, Athens, GA
Bachelor of Science, Biomedical Physiology
Minor, Dance

Expected: May 2029
GPA: 4.00/4.00

Honors & Awards: Zell Miller Scholarship, Presidential Scholarship

RELEVANT EXPERIENCE

The Effect of Lyrical Dancing on Stress Levels in Adolescent Girls, Cumming, GA August 2024-May 2025
Undergraduate Researcher, Independent Researcher

- Designed and conducted an independent quantitative study analyzing how lyrical dance impacts stress in adolescent girls using pre- and post-survey methodology and paired t-test analysis. Responsible for participant recruitment, data collection, statistical testing, and interpretation of results. Developed skills in data analysis, research design, scientific writing, and survey construction.

Leadership Initiatives, Cumming, GA August 2024-May 2025
Intern

- Developed community awareness and outreach programs targeting specific demographics or health issues.
- Worked with healthcare professionals in Nigeria to develop and implement public health campaigns to educate the local community.
- Raised over \$1000 to help build new infrastructure in Nigerian communities.

CAMPUS & COMMUNITY INVOLVEMENT

Alpha Xi Delta, Athens, GA August 2025-present
Member

- Engage in leadership and service initiatives that promote women's empowerment and academic excellence.
- Collaborate with members to organize philanthropy events supporting Kindly Hearts Initiative, foster community within the chapter, and uphold the organization's values of sisterhood, leadership, knowledge, and service.

UGA Red Hotz, Athens, GA August 2025-present
Member

- Represent the University of Georgia at collegiate dance competitions by performing and collaborating in high-level choreography.
- Train rigorously in jazz, contemporary, and hip-hop styles to promote school spirit and athletic excellence while fostering teamwork, discipline, and performance leadership.

South Forsyth High School Varsity Dance Team, Cumming, GA April 2022-May-2025
Co-captain

- Won the first GHSA Dance State Championship Title for South Forsyth High School.
- Assisted in planning youth dance camps.
- Participated in numerous dance competitions and shows to demonstrate technique and artistry.
- Performed at football games, basketball games, and pep rallies to raise school spirit.

WORK EXPERIENCE

Chick-fil-A, Cumming, GA June 2025-July 2025
Front of House Employee

- Assisted servers with delivering food, filling beverages, and retrieving items for guests.
- Established welcoming atmosphere by greeting each guest warmly.
- Helped guests at tables when in need of assistance.
- Performed serving, cleaning and stocking to high standards and provided excellent customer satisfaction.

Arseneau Dance Academy, Cumming, GA

August 2022-May 2025

Apprentice Teacher

- Planned, prepared, and delivered lesson plans introducing students to dance techniques and ballet positions.
- Utilized different styles of teaching to accommodate students of all capabilities.
- Awarded Miss Benevolent 2023, awarded to one dancer per year to recognize leadership and virtues.
- Captain and competitive member of the highest dance company.
- Regional champion at multiple dance competitions.

SKILLS & INTERESTS

Chinese (intermediate), Spanish (intermediate), Baking, Traveling